

# **COMPARISON OF FEMTO LASIK AND SBK LASIK WITH MECHANICAL MICROKERATOME**

**Rafael Mateo, M.D.  
L. Felipe Vejarano, M.D.**

**felipecv@fov.com.co - [www.felipevejarano.com](http://www.felipevejarano.com)**

**Fundación Oftalmológica Vejarano  
Popayán - Colombia  
South America**

**WE DON'T HAVE ANY FINANCIAL INTEREST**



# WHY AN INTEREST FOR SBK / THIN-FLAP LASIK? (COMPARED TO LASIK)

- Preservation of the larger corneal nerves
  - Less incidence of post-operative dry eye
  - Reduced loss of corneal sensitivity
- Better quality of vision
  - Fewer flap-induced HOAs
  - Better visual acuity
  - Less glare and halos
  - Better contrast sensitivity
  - Less flap edema postop
- Biomechanical properties of the cornea are preserved
  - Less risk of ectasia
  - Better stability
  - Leaving a thicker stromal bed
  - Treat more patients: thinner corneas, higher levels of myopia
  - Less rate of enhancements (diameter of flap)
  - Allows enough space for enhancements if needed



## 2 heads: « 90 » and « 90 L » Evolution 3E 5000 series



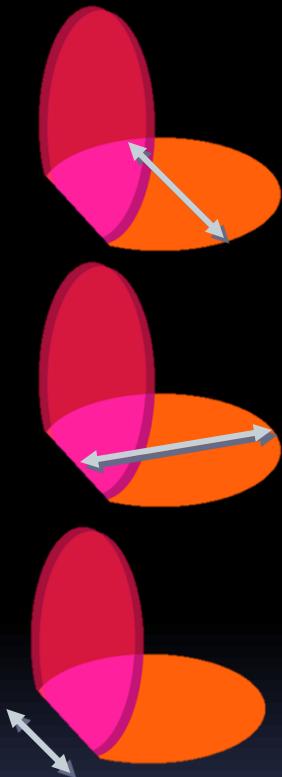
Head “90”: cuts on average 105,2 microns (Vejarano)

Head “90 L”: cuts on average 104,8 microns (Vejarano)

Head “90 New Blades”: cuts on average 91,59  $\mu$  (Vejarano)



# DISPOSABLE 90 HEAD WITH PLASTIC, COMPOSITE OR METALIC RING (In average) (260 eyes)



Vertical Flap Diameter (mm)

$9,38 \pm 0,32$  (8,80 - 10,00)

Stromal Ablation Diameter (mm) (96,78%)

$9,07 \pm 0,29$  (8,30 - 9,80)

Hinge size (mm)

$2,89 \pm 2,74$  (0,00 - 5,80)

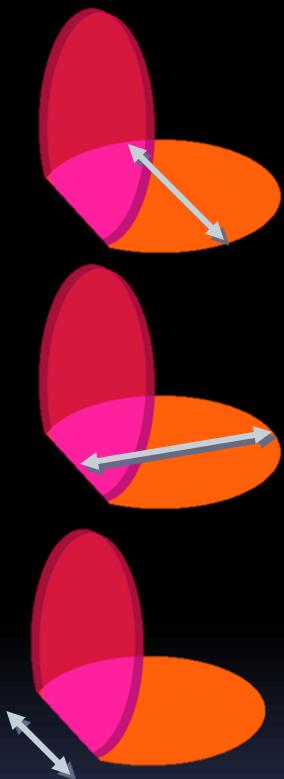
Flap thickness ( $\mu$ )

$105,27 \pm 15,46$  (70 - 141)



# DISPOSABLE 90L HEAD WITH COMPOSITE OR METALIC RING

(In average)  
**(102 eyes)**



Vertical Flap Diameter (mm)

$9,74 \pm 0,37$  (9,00 - 10,80)

Stromal Ablation Diameter (mm) (95,48%)

$9,30 \pm 0,31$  (8,80 - 10,00)

Hinge size (mm)

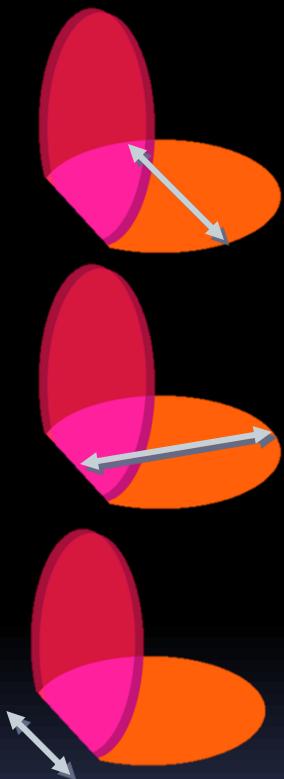
$3,90 \pm 1,54$  (0,00 - 6,60)

Flap thickness ( $\mu$ )

$104,88 \pm 19,47$  (72 - 144)



# DISPOSABLE 90 HEAD “NEW BLADES” WITH METALIC RING (48 eyes)



Vertical Flap Diameter (mm)

$9,45 \pm 0,21$  (9,10 - 9,80)

Stromal Ablation Diameter (mm) (97,36%)

$9,23 \pm 0,22$  (8,80 - 9,60)

Hinge size (mm)

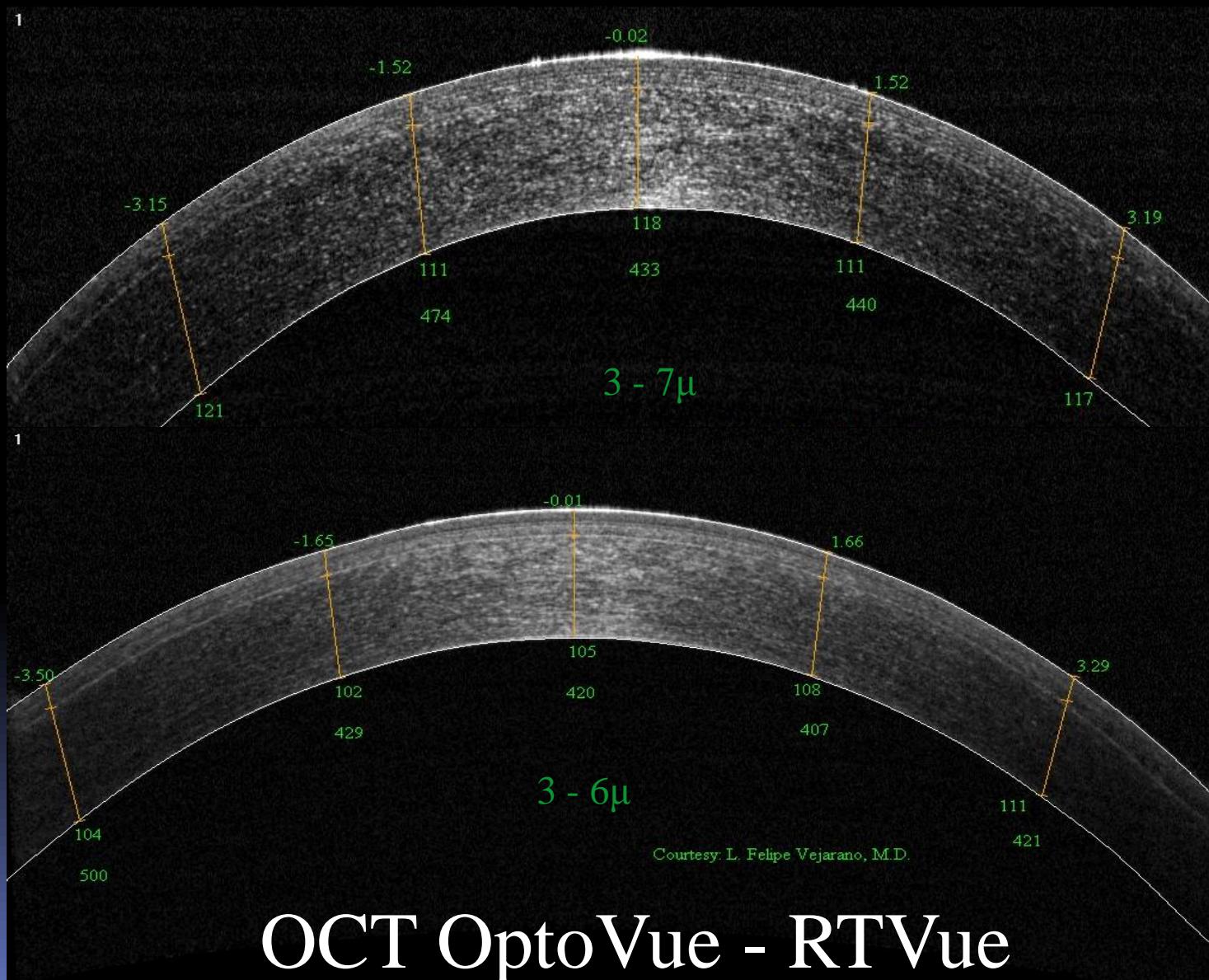
$2,18 \pm 1,61$  (0,00 - 5,00)

Flap thickness ( $\mu$ )

$91,59 \pm 12,58$  (63 - 115)

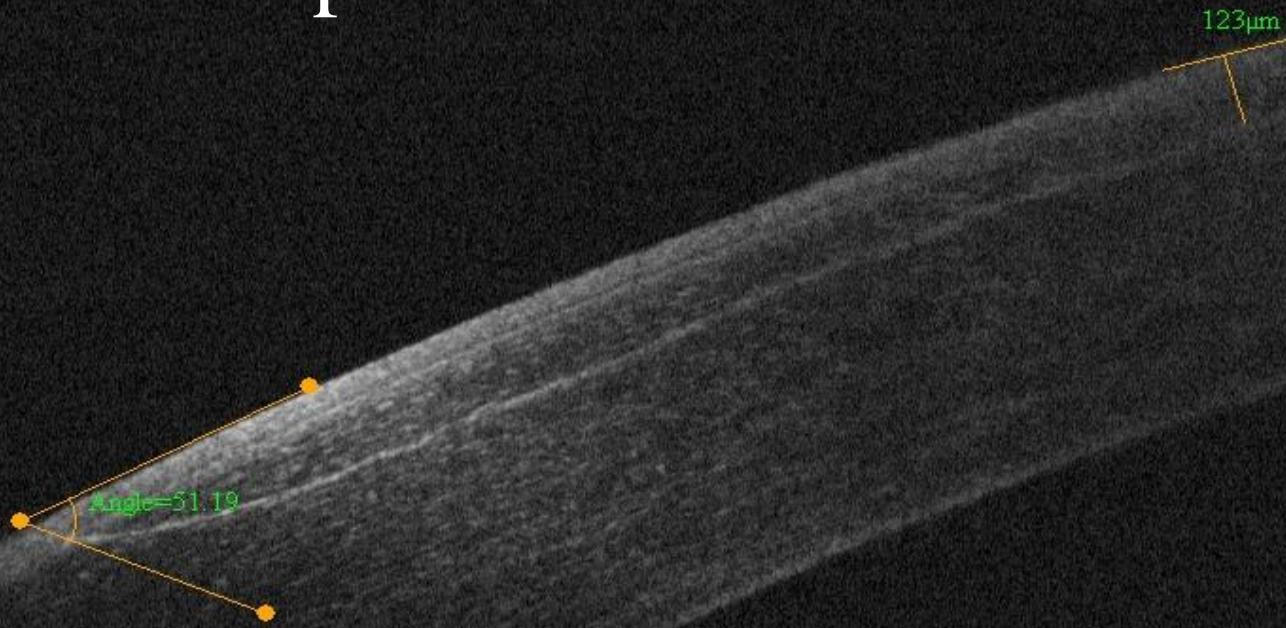
# Regularity of Thick Meniscus Flap OUP 90

Standard Meniscus: 15 to 20 Microns



# Angle of Attack or Side Cut Angle OUP 90

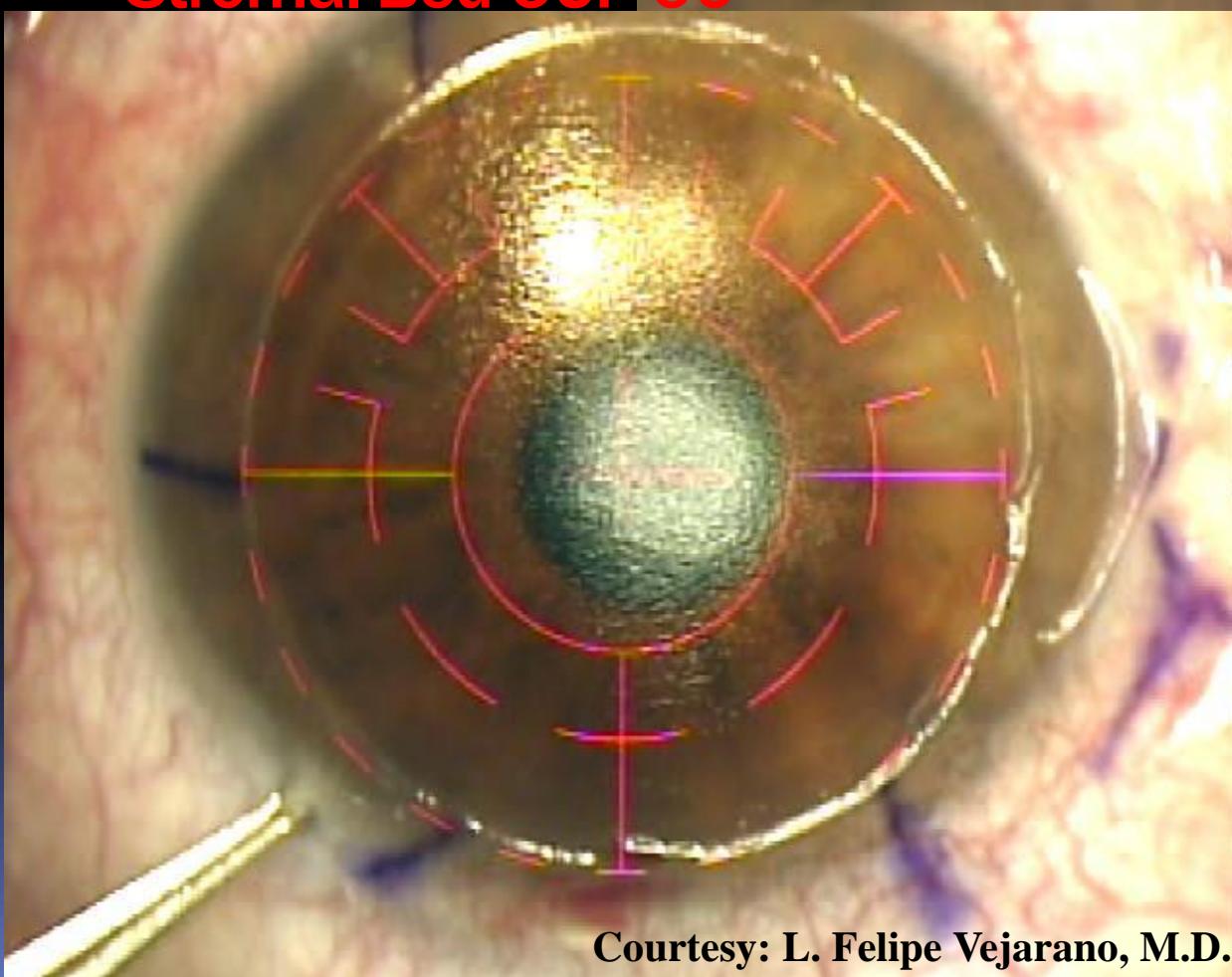
OCT OptoVue - RTVue





**Angle of Attack or Side Cut Angle oup 90**

**Quality of the Residual  
Stromal Bed OUP 90**

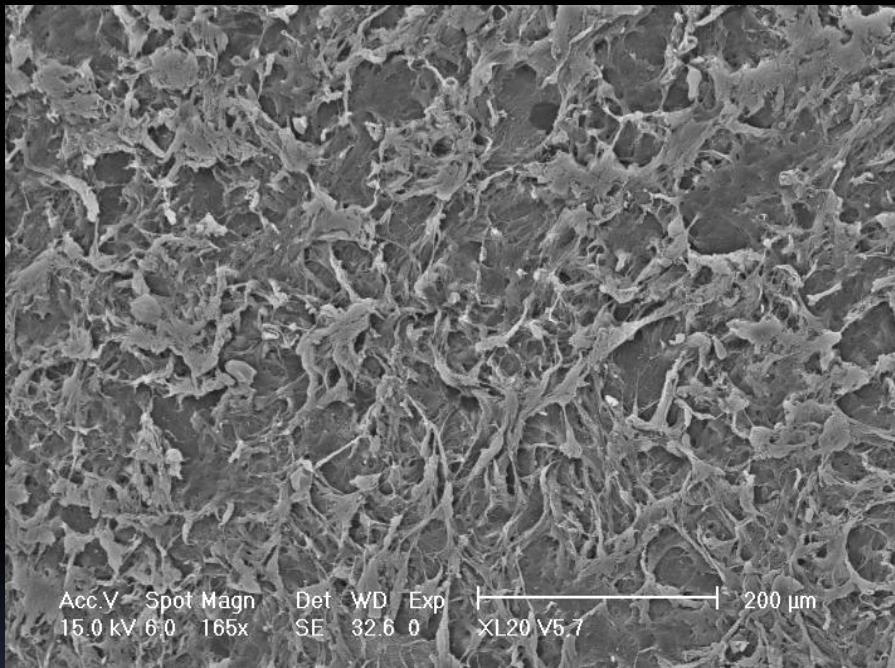


Courtesy: L. Felipe Vejarano, M.D.



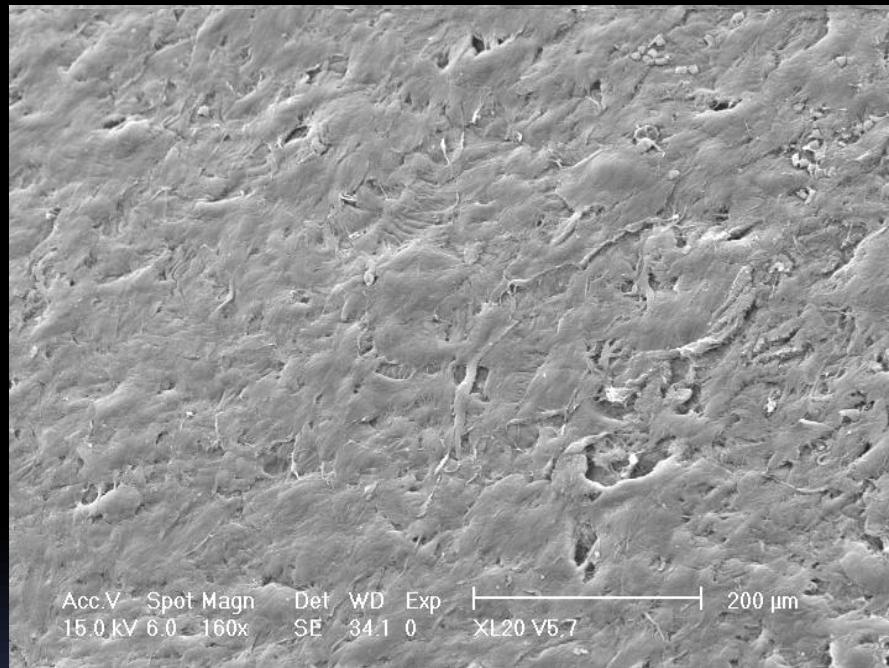
# SEM photographies

Scanning Electron Microscopy  $\times 260$



## IntraLase 60kHz

Irregularities of the residual stromal bed due to the high energy



## OUP SBK

Residual bed very smooth  
Sharp edges



# Conclusion

**Truely I need to eliminate my Mechanical Microkeratome and buy a new Femtosecond Laser to obtain the “state-of-the-art SBK thin flap LASIK”?**

No I don't have to..... and Yes,  
**SBK WITHOUT FEMTOLASER IS  
POSSIBLE**



# Conclusion

Good quality stromal beds could be efficiently obtained using the Moria One Use-Plus SBK

**Similar** with femtosecond lasers: Planar Flaps, safety, reliability, reproducibility, no further complications

**Difference** with femtosecond lasers: less time procedure, better regularity of the stromal bed, Inverted Bevel-In Side cut angle:

Intralase 150° ; FEMTEC 120/130° ;  
DaVinci (LDV) 35° ; VISUMAX 90/135°;  
OUP SBK 56°

The flaps created by the One Use-Plus SBK are highly predictable and consistent in terms of :

**thickness, shape, and size**

Excellent visual outcomes

The Best mechanical microkeratome able to perform Thin-Flap LASIK (Sub-Bowman Keratomileusis)