Descemet Membrane Endothelial Keratoplasty:

Challenges and Lessons Learned After First 10 Cases

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Drs. Aljaethen, Teja, Conlon: No disclosures

Dr. Baig: See below

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DMEK Study

Background

DMEK may be a superior alternative to DSAEK

Purpose

■ To describe the lessons learned during early learning curve of the DMEK procedure

Methods

Retrospective study of our first 10 DMEK surgeries (review of charts and surgical videos)

Results

- 10 patients (topical anesthesia): 7 Fuchs dystrophy, 3 pseudophakic bullous keratopathy
- All 10 tissues cut by surgeon; 1 tissue loss
- Partial and total detachments = 60%
- Repeat EK needed = 3







PRE-OPERATIVE

PATIENT SELECTION
INFERIOR LASER PI

GRAFT PREPARATION

TISSUE > 50 YEARS OLD DMEK/DALK SAME DAY TRYPAN BLUE SOAK

HOST PREPARATION

LARGER SCORE
NO DESCEMET'S TAGS

GRAFT INJECTION
PLASTIC/GLASS INJECTOR
SUTURE WOUND

GRAFT UNFOLDING
TECHNIQUES
SLIT BEAM
FULL AIR FILL

POST-OPERATIVE
AS-OCT
DETACHMENTS

Patient Selection

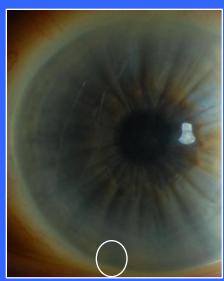
- Need good view of DMEK tissue through cornea (only mildmoderate corneal edema)
- DMEK may not be good option in iris defects, aphakes, tubes
- DMEK peeling can be done to "rescue" DSAEK and UT-DSAEK perforations



Aphakic, aniridic, unicameral, tubed eye with mild corneal edema

Laser Iridotomy

- Inferior laser peripheral iridotomy done pre-op
- One less step in DMEK surgery
- Reduces risk of intra-operative hyphema
- Ensure patency during surgery with instrument



Inferior iridotomy







PRE-OPERATIVE PATIENT SELECTION

INFERIOR LASER PI

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PEELING

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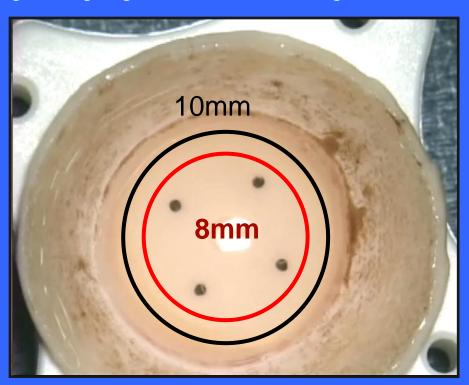
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- SCUBA technique using one forceps to peel
- Double trephine method (10mm trephine, peel, then 8mm trephine)
- Young donor cornea is difficult to strip (our one case of donor tissue loss occurred in 40-year-old cornea)
- Soak DMEK graft in undiluted trypan blue for 30-40 sec
- Can re-inject trypan blue (<10 sec) into anterior chamber to stain scroll if unfolding is taking long and DMEK tissue is losing color









GRAFT PREPARATION

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HOST PREPARATION

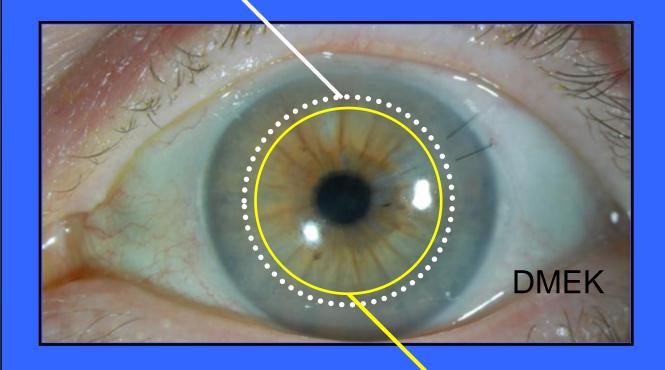
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Score



Score larger than DMEK graft size

Graft

 Re-inject trypan blue into anterior chamber after scoring to look for Descemet's tags that can impair DMEK graft adherence







GRAFT PREPARATION
PEELING

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POST-OPERATIVE AS-OCT DETACHMENTS

Plastic





Glass



Modified Jones Tube



- Moving towards glass injector (? less tissue damage)
- Keep anterior chamber partially collapsed & do not over-pressurize
- Suture wound well to prevent graft ejection!







GRAFT PREPARATION
PEELING

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GRAFT UNFOLDING

TECHNIQUES
SLIT BEAM
FULL AIR FILL

POST-OPERATIVE AS-OCT DETACHMENTS

- No one technique can be used all the time
- Numerous techniques to unfold graft
- Full air fill for 1 hour & patient leaves with air bubble clearing inferior PI and inferior dilated pupil edge











GRAFT PREPARATION
PEELING

TISSUE > 50 YEARS OLD DMEK/DALK SAME DAY TRYPAN BLUE SOAK

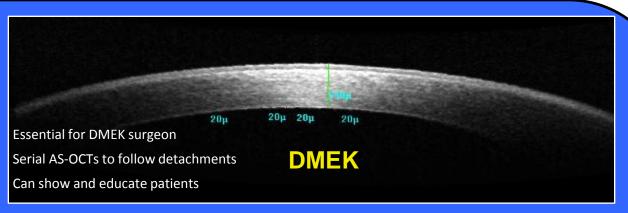
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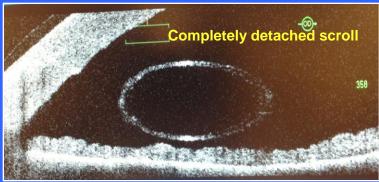
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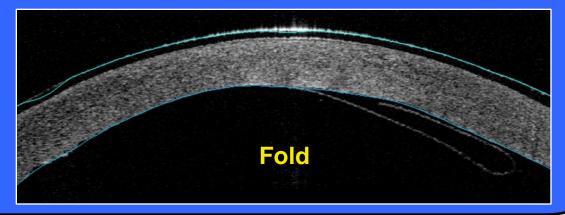
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TECHNIQUE:

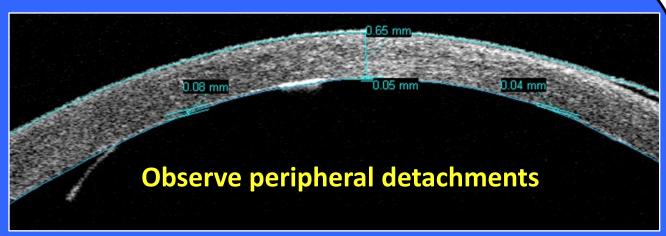
SLIT BEAN

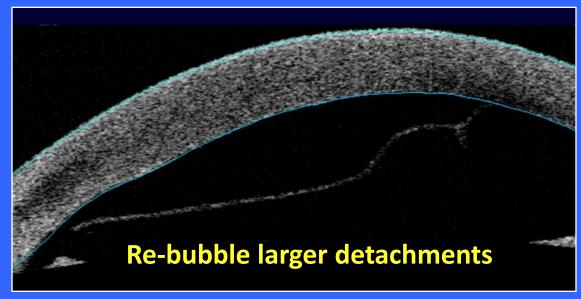
FULL AIR FIL

POST-OPERATIVE

AS-OCT

DETACHMENTS











Lessons From First 10 DMEK Cases

- Pre-Operative
 - Patient selection
 - Inferior laser PI before OR
- Graft Preparation
 - SCUBA / one forceps
 - Tissue > 50 years of age
 - Two partial trephines
 - DMEK / DALK same day
 - Soak well in trypan blue
- Host Preparation
 - Score larger than graft size
 - No Descemet's tags

- Graft Injection
 - Plastic vs glass injector
 - Suture wound well after insertion
- Graft Unfolding
 - No one way: combination of techniques
 - Can use separate slit beam
 - High pressure fill for a few minutes
 - New instruments
- Post-Operative
 - AS-OCT
 - Can observe peripheral detachments







Cornea, Anterior Segment, and Refractive Surgery Team at the University of Ottawa Eye Institute

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